

Henry J. Lescault has over 30 years of experience coaching, managing, facilitating and leading in both the government and private sector. He formerly served as a Senior Leader - Special Agent/professional Ombudsman, Executive Coach, Workplace Conflict Mediator and professional Facilitator for the Federal Government and is currently the owner of UNTOUCHABLE Leadership and Executive Coaching LLC, a Veteran Owned Small Business that specializes in Executive/Leadership Coaching, Mediation and Professional Development based in the Washington DC area. With a Masters Degree in Executive Coaching, a certification in Leadership coaching from Georgetown University, and a certification in work place conflict mediation, he is committed to helping people and corporations take their teamwork, leadership, communication, presentation and interpersonal skills to the highest levels. Henry holds the title of Associate Certified Coach through the International Coaching Federation (ICF) and has coached federal leaders in assorted positions at all echelons to include first line, manager and the senior executive service. He has also coached supervisors and executives from assorted fortune 500 companies, and the United States Military.

In addition to individual coaching, Henry has coached and facilitated groups and teams in both the public and private sectors. Henry is a certified HeartMath resilience trainer and coach specializing in helping people from all walks of life better manage their energy, stress, and resilience via science based methodologies and techniques. He is also the author of Present with Power, Punch, and Pizzazz and an expert in the field of presentation skills and personal presence. He is a certified Facilitator for FranklinCovey's Seven Habits of Highly Effective People, Leadership Programs, Leading at the Speed of Trust and the Five Choices of Extraordinary Productivity as well as a Gallup trained (Strength Based) Coach. Henry is experienced with and holds certifications in an assortment of assessment instruments to include the MBTI, FIRO-B, Strong Interest Inventory, Thomas-Kilman Conflict Mode Instrument, California Psychology Inventory, the ESCI (Emotional Social Competency Inventory) 360 tool, the United States Office of Personnel Management's Leadership 360 tool, and the Clifton Strength Finder assessment. He lives in the Washington DC area with his wife Heidi and two lovable little Yorkies.